



Public Health  
England

**NHS**

# Do you have?

- heart disease
- kidney disease
- liver disease
- diabetes
- COPD (e.g. bronchitis or emphysema)

Flu can be serious and lead to hospitalisation.

Speak to your GP surgery or pharmacy today about getting a flu jab. It's free because you need it.

**HELP US  
HELP YOU**

STAY WELL THIS WINTER

[nhs.uk/flu vaccine](https://nhs.uk/flu vaccine)

This is not a full list of conditions. If you have a long-term health condition, talk to your GP surgery or local pharmacist to see if you are eligible for a flu jab.

HUHY18-15 © Crown copyright 2018.

**Cheril Sowell,  
Registered Nurse**