

Living Well Schools Secondary School Grants Guidance

Living Well Schools is the Healthy Schools programme for Bradford, making it easier for schools to become health-promoting environments by removing health-related barriers to education. We provide the foundation for pupils to grow, learn and become healthy, educated and engaged citizens.

Living Well Schools is launching in Secondary Schools in September 2025, and to support our launch, grant funding opportunities are now open for Secondary Schools. Schools can now apply for grants of up to £5000 to develop health and wellbeing projects that support core public health aims. Any Secondary School in the Bradford District can apply, and applications are also open to Special schools.

"When and how can we apply?"

The application window is open from 16th June – 25th July 2025. All projects will be notified of the outcome at the start of September. Funds for successful projects will be paid in September, following the signing of a Memorandum of Understanding. The projects must then be delivered in the 2025/2026 school year, and case studies/evaluation reports will be developed with your Living Well School Lead to share learning and best practice.

Applications can be submitted through the application form found here:

<https://forms.office.com/e/BAGGHgwwqV>



Application Form

"How will you pick projects?"

Where possible, 2 projects will be chosen from each locality in Bradford to ensure a fair spread across the district.

We will also be scoring applications based on how well they meet the Living Well Schools priorities on page 2. We will award schools whose projects meet **5** or more criteria. All projects **MUST** involve pupils in project development, delivery and evaluation (PV1).

Please see page 2 for the full list of priorities.

"Where can I find out more information?"

We are hosting a Secondary grants information webinar on 1st July 4-4.30pm on Teams, which can be accessed using the following link:

[Join the meeting now](#)

(Please do not send an AI notetaker to the meeting.)

For more information on Living Well Schools visit our website: [Living Well Schools](#)

To talk to our team or ask any questions please email: schools@mylivingwell.co.uk

Living Well Schools Priorities

Projects must meet 5 or more of the Living Well Schools priorities, and all projects MUST meet PV1 as standard. You can select a mix of Priorities eg. EW1, PA2, MH3, P4, WP5 +PV1

Eating Well

EW1: Cooking Skills – Increased number of cooking skills for young people.
EW2: Consumption – Decrease consumption of foods high in fat, sugar or salt across the school day
EW3: Growing – Increased number of children taking part in growing activities.
EW4: Enterprise – Increased food leadership or enterprise opportunities (selling grown produce).
EW5: Environment – Promotes a positive school food environment and encourages food sustainability.

Physical Activity

PA1: Participation – Increased physical activity for women and girls throughout the school community.
PA2: Active Travel – Increased number of children walking or cycling to school, with safe bike storage.
PA3: Inclusivity – Increased opportunities for all pupils to be active, particularly children with SEND.
PA4: Active Learning – Reduced sedentary time during lessons and breaks, including active learning.
PA5: Leadership – Increasing leadership opportunities through physical activity, providing training and positive role models for young people.

Mental Health

MH1: Wellbeing – Demonstrate measurable improvement in student mental health and wellbeing.
MH2: EDI – Develop inclusive student engagement in mental health-related programmes or activities with diverse and marginalised groups.
MH3: Thriving – Enhanced pupil capacity to build resilience and promote a culture of thriving in school.
MH4: Reduce stigma – Promote an open, inclusive and supportive culture of mental health in school.
MH5: Sustainability – Implement sustainable resources or initiatives that continue after the grant.

Poverty

P1: Ambition – Increase access to opportunities that work towards children's ambitions or career goals.
P2: Financial Literacy – Improve financial literacy within the school community.
P3: Equity – Identify where inequity is experienced within the school day and work to reduce the identified area or issue and reduce stigma.
P4: Resources – Increasing access to resources in a sustainable manner (uniform, shoes, period products)
P5: Community – Build community resilience and signpost services that reduce the impact of poverty.

Pupil Voice

PV1: Pupil-centred – Pupils must be involved in the planning, delivery and evaluation of every project.
PV2: Inclusion – The voice of children with SEND is reflected in projects and policies, and a trauma-informed approach is used in all project delivery.
PV3: Communication – A range of communication methods are used to meet all needs eg. creative arts
PV4: Democracy – Increasing young people's understanding of voice, influence and democracy.
PV5: Diversity of Representation – Diversity in pupil voice leadership opportunities eg. School Council.

Wider Priorities

WP1: Vaping – Educate pupils about vaping and reduce the number of children who start vaping.
WP2: PSHE – Increased understanding of positive relationships, sex education and life skills.
WP3: Online Safety – Educate young people about online safety, reduce risks of gambling/social media
WP4: Nature – Improve access to green space and nature, providing education in outdoor environments
WP5: Community – Build positive relationships with the local community to foster a sense of belonging, respect, violence reduction and community pride.

Example project – Developing a lunch time Growing Club, selling produce at the market

This project would meet: EW3, EW4, EW5, PA1, PA4, MH3, WP4, WP5 and **PV1**