

# A WEEKEND OF FREE FAMILY FUN ACTIVITIES!



## Saturday 13th May

### Lund Park

BD21 1JQ

11.30am – 4pm

#### 20 minute fun activity challenges including;

Climbing tower, cricket, basketball, mountain biking, football skills and more!

Drop In Session

### Doe Park Water Activities Centre

BD13 4LN 10am – 3pm  
(9 years and over)

**\*Places MUST be booked:**

[www.bradford.gov.uk/doepark](http://www.bradford.gov.uk/doepark)

#### 20 minute starter sessions;

Various types of paddle sports including kayaks, dragon boats and high ropes

Book a place

## Sunday 14th May

### West Park

BD8 9SJ

11.30am – 4pm

#### 20 minute fun activity challenges including;

Climbing tower, cricket, basketball, mountain biking, football skills and more!

Drop In Session

### Doe Park Water Activities Centre

BD13 4LN 10am – 3pm  
(9 years and over)

**\*Places MUST be booked:**

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#### Sailing and high ropes

Book a place

**Check our website and social media for up to date info and to find out more!**

#20MinMove

[mylivingwell.co.uk](http://mylivingwell.co.uk)

