A pink text with rays of light

Description automatically generated**Social Media Planner: Walk to School Week 19-23 May 2025  
Please tag @MyLivingWell1  
All graphics available to download from:** [**https://mylivingwell.co.uk/resources/toolkits/**](https://mylivingwell.co.uk/resources/toolkits/)If you have any issues, enquiries or need the graphics to be sent via WeTransfer please contact: [communications@mylivingwell.co.uk](mailto:communications@mylivingwell.co.uk)

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| **Platform** | **Message** | **Image** |
| **X (Twitter)** | 📢 Next week is #WalkToSchoolWeek 19-23 May🚶  👣 We want as many children as possible to walk, wheel, cycle or scoot to school!  If you have to drive, maybe park a little further away & walk?  Get active & feel great!  <https://mylivingwell.co.uk/news-post/its-walk-to-school-week-19-23-may/>  #20MinMove  @MyLivingWell1 | A child on a hoverboard  AI-generated content may be incorrect. |
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| **Alt Text** | Photo of a man walking his children to school along the pavement. One child is walking the other is scooting on a scooter. Teal background at the side with white text that reads: Walk to school week! 19-23 May. White strips with black text that reads Leave the car at home! 20 Minute Movement Logo. Mylivingwell.co.uk | |
| **X (Twitter)** | 👣 Are you ready?  #WalkToSchoolWeek 19-23 May🚶  Walking is one of the easiest (& free!) ways to improve health & wellbeing. Starting the day with a walk to school helps children feel wide awake & ready to learn!  Find out more <https://mylivingwell.co.uk/news-post/its-walk-to-school-week-19-23-may/>  #20MinMove  @MyLivingWell1 | A group of people walking down a street  AI-generated content may be incorrect. |
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| **Alt Text:** | Photograph of a woman taking two children to school, one of the children is riding a scooter the other is walking. Pink background at the side with white text that reads: Walk to school week! 19-23 May. White strips with black text that reads Leave the car at home! 20 Minute Movement Logo. Mylivingwell.co.uk | |
| **X (Twitter)** | 👣 #WalkToSchoolWeek 19-23 May🚶  Encourage older kids to walk to school with friends so they have more time to catch up! Encourage them to eat a nutritious breakfast before they leave, so they are fuelled for the day.  <https://mylivingwell.co.uk/news-post/its-walk-to-school-week-19-23-may/>  #20MinMove  @MyLivingWell1 | A group of girls walking down a street  AI-generated content may be incorrect. |
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| **ALT Text** | Photograph of teenagers in school uniform outside smiling into the camera. Teal background at the side with white text that reads: Walk to school week! 19-23 May. White strips with black text that reads Leave the car at home! 20 Minute Movement Logo. Mylivingwell.co.uk | |
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| **Alt Text:** | Photograph of two teenage girls in school uniform outside smiling/laughing at each other. Pink background at the side with white text that reads: Walk to school week! 19-23 May. White strips with black text that reads Leave the car at home! 20 Minute Movement Logo. Mylivingwell.co.uk | |
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| **ALT Text** | Photograph of a man carrying a young child with another girl in the forefront in school uniform running and smiling into the camera. Teal background at the side with white text that reads: Walk to school week! 19-23 May. White strips with black text that reads Leave the car at home! 20 Minute Movement Logo. Mylivingwell.co.uk | |